The mission of the American Academy of Sleep Medicine (AASM) is to provide access to high quality, patient-centered sleep care provided by a board-certified sleep specialist. Through our advocacy, education, and research initiatives, the AASM seeks not only to benefit physicians and patients, but also society as a whole.

People of all abilities can succumb to the symptoms of daily sleep debt. Through collaboration between the AASM and the National Heart, Lung, and Blood Institute (NHLBI) we will improve sleep health and high quality patient centered care.

The American Academy of Sleep Medicine Foundation (ASMF), established by the AASM in 1998, has awarded over $15 million in grants to sleep research. Throughout the years, the AASM has committed itself to a multi-faceted strategy to combat sleep deficiencies. From appropriating grant donations, to accrediting facilities, to advocating healthy sleep on Capital Hill, the AASM is committed to tackling sleep through a wide variety of medical and societal issues. However, while sleep issues impact a vast array of health-based fields, sleep and the NHLBI have a uniquely undeniable connection.

The AASM has had a long working relationship with National Center on Sleep Disorders Research (NCSDR). Gary H. Gibbons, M.D., was the keynote speaker at SLEEP 2013. Obesity Education Initiative (OEI) within NHLBI. One of the objectives of OEI is to reducing the prevalence of overweight individuals to reduce the prevalence and severity of sleep apnea.

Through collaboration, the National Heart, Lung, and Blood Institute and the AASM can pursue many common causes that nurture and enhance the diagnostic and treatment process for Americans health disorders.

We look forward to collaborating with the NHLBI to promote healthy sleep. Please contact Ted Thurn at thurn@aasmnet.org or (630) 737-9700 for any potential partnership opportunities.