

Established in 1975, the AASM is the premier professional society representing the sleep medicine specialty with a combined membership of 10,000 accredited member sleep facilities and individual members, including physicians, scientists and other health care professionals. The AASM improves sleep health and promotes high quality, patient-centered care through advocacy, education, strategic research, and practice standards.

ADVOCACY

The AASM advocates to promote patient-centered care, improve access to sleep care, raise public awareness, and enhance public safety. Key issues include the development of a Sleep Health Caucus, recognition of a National Sleep Health Awareness Month, Stark Law reform, drowsy driving, and school start times. The AASM political action committee (AASM PAC) also gives our members a united voice on Capitol Hill.

STRATEGIC RESEARCH

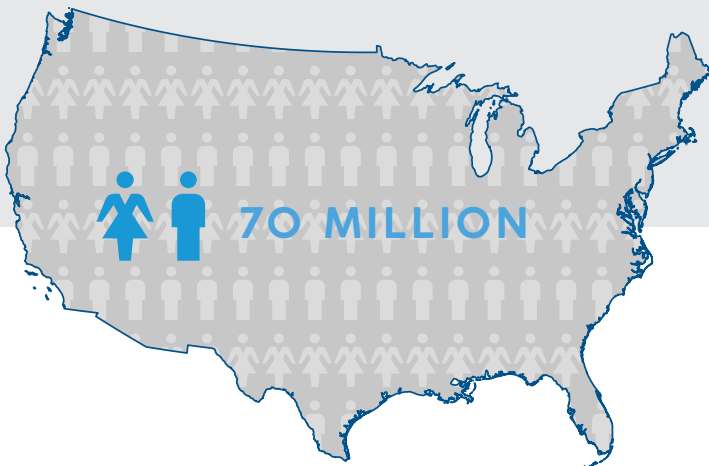
The AASM Foundation is a not-for-profit 501(c)(3) charitable and scientific organization that promotes discoveries to advance the understanding of sleep for healthier lives. The foundation has invested in the future of sleep medicine by supporting more than 200 awards totaling over \$13.5 million in funding.

EDUCATION

The AASM develops resources such as the *International Classification of Sleep Disorders*, which is the definitive diagnostic manual for sleep medicine, and *The AASM Manual for the Scoring of Sleep and Associated Events*. Physicians, advanced practice providers, and allied health professionals stay up-to-date on best practices in the field by attending AASM courses such as Sleep Medicine Trends, and the AASM partners with the Sleep Research Society to organize the SLEEP annual meeting, which brings together an international body of leading researchers and clinicians.

PRACTICE STANDARDS

The AASM develops clinical practice guidelines that provide evidence-based recommendations to promote patient-centered care. AASM accreditation also ensures the highest quality of medical care for patients who have sleep disorders. The AASM has accredited more than 2,600 sleep facilities that are providing exceptional patient care in communities across the country. The AASM also accredits independent sleep practices that perform home sleep apnea tests, ensuring quality in obstructive sleep apnea testing and treatment.



About 70 million Americans suffer from a sleep problem, and nearly 60% have a chronic sleep disorder. Our nation's sleep problem is so widespread that the CDC has called insufficient sleep "a public health problem."

In a nation where millions of people are struggling to sleep well at night and stay awake during the day, the need for sleep specialists has never been greater.



6,000
SPECIALISTS



2,600
FACILITIES