



Virtual Fellow Boot Camp
Saturday, June 12, 2021
Location: Virtual via Zoom

Times are Eastern

Moderators: Dr. Oleg Chernyshev, Dr. Meena Khan, Dr. Bhura Sajeer

Saturday June 13th	Presentation
9:30-10:00 AM	Opening comments and Intro to Sleep Disorders and Management of Patient with Sleep Complaint
10:00-10:30 AM	Introduction to Scoring Manual and ISR Resources: How to use ISR?
10:30-11:00 AM	How to Read Sleep studies? Introduction to PSG and EEG scoring and interpretation
11:00-11:30 AM	SDB cases
11:30-12:00 PM	Narcolepsy cases
12:00-12:30 PM	RLS cases
12:30-1:00 PM	Break
1:00-1:30 PM	Pediatrics cases -
1:30-2:00 PM	Insomnia cases -
2:00-2:30 PM	Parasomnia cases
2:30-3:00 PM	PAP Technology and PAP Masks
3:00-3:30 PM	Break
3:30-4:00 PM	SDB Management beyond PAP technology
4:00-4:30 PM	Wake and Sleep Promoting Medications
4:30-5:00 PM	Actigraphy, Sleep Logs, and Circadian Rhythm
5:00-5:30 PM	What I Wish I Knew As An Incoming Sleep Fellow